# Extension 4-H Newsletter



**Rutherford County Center** 

October 2013

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Cynthia Robbins Extension Agent 4-H Youth Development

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Broyhill Adventure Course participants pictured from left to right: Clayt Cilone, Joah Bickley, Brooklyn Breedlove, JT Faccone, Sayannah Bell, Nathanael White.

# **Team Building Event**

We had a great time doing team building and leadership activities at the Broyhill Adventure. We all learned to work with each other and how to better communicate, lead, and follow.

# **Poultry Judging**

The Cleveland County Fair Poultry Judging contest was on Friday, September 27. The team consisting of Nathanael White, Madison Breedlove, Brooklyn Breedlove, and Anna Kate Jackson placed third in the contest.

Also, congratulations to Nathanael White for tying for third place individual.

# **Project Records**

You've done work all year on your projects. Now you've got to put it all together and tell what you did and learned.

Project Record books will be due on Monday, December 9 by 5:00 p.m. Also due at this time are Club Scrapbooks and Achievement Plans.

If you need any assistance, please call Cynthia at 287-6011.

### **State Council Conference**

This year's State Council
Conference will be on Saturday,
November 16 - Sunday November
17 in Raleigh. Teens (ages 13 &
up) will participate in leadership
workshops, Ambassador
workshops, a variety of workshop
topics taught by your district officer
teams, have district meetings, a
dance, and more!



### FALL FEST

This year's 4-H Fall Fest will be hosted by the Poultry Club and will be held at the Extension Office.



We will start at 2:00 p.m. with workshops, a roadside clean-up service project, games, and a cookout.

Our menu will be hamburgers and hotdogs. We still need clubs/families to bring potato chips. Each family is asked to bring a drink (caffeine free and 100% juices are preferred).

#### **BAKE OFF**

This year's Bake Off will be held in conjunction with Fall Fest, on Saturday, October 19

at the Extension Office. Entries should be entered by 2:00 p.m.



Bake Off categories include: Yeast Breads, Quick Breads, Muffins, Biscuits, Cookies, Cakes and Pies! All items must be baked and not require refrigeration.

All items must be made from scratch and not from a mix. All items must be baked by the individual entering it and must be baked and cooled completely. Entries should be displayed on a disposable plate in a sealed gallon bag

(Exception: cakes and pies may be wrapped in clear wrap.)

An individual may enter one item per category and can enter as many categories as desired. A recipe card with complete ingredients and instructions must accompany each entry. For a complete set of rules and entry forms, see your club leader or contact the 4-H office at 287-6011.

#### **COUNTY COUNCIL**

County Council met on Monday, October 14. Officer Nomination forms were passed out. They are due at our next meeting. We will be voting on 2014 Officers at our December meeting.

Our next meeting will be on Tuesday, November 12 at 4:00 p.m.

### **PUMPKIN CONTEST**



Pumpkins are due by 5:00 pm on Monday, October 28.

County Council came up with new categories for this year's contest:

- Most Creative
- Professional/Career Idea
- Animals
- Most Bizarre
- Characters

Age categories are 5-8 Cloverbud (non-competitive), 9-12 Junior, and 13-19 Senior. You can enter as many categories as you like but only one pumpkin per category. Pumpkins will be judged on Tuesday and can be picked up after 3:00 p.m. on October 29 or anytime on October 30.

#### PRESIDENTIAL VOLUNTEER SERVICE AWARD

Community Service is a huge part of 4-H. I know that many of you participate in lots of service projects throughout the year. Last year, we had a few 4-H'ers who received the Presidential Volunteer Service Award. This is based on the number of hours you have worked during a 12-month period.

The President's Council on Service and Civic Participation recognizes individuals, families, and groups for their civic contributions. Participants meeting the requirements will receive:

- An official President's Volunteer Service Award lapel pin
- A personalized certificate of achievement
- A congratulatory letter from the President of the United States

#### The Award(s) criteria are:

Bronze level: Kids (Ages 5-14): 50 - 74 hours

Young Adults (15 -25): 100 -174 hours

Silver level Kids (Ages 5-14) 75 – 99 hours

Young Adults (15 -25): 100 -174 hours

Gold level Kids (Ages 5-14) 100 or more hours

Young Adults (15 -25): 250 or more hours

Anyone wishing to participate and be recognized at Achievement Night needs to notify Cynthia so you can make sure you are using the appropriate form to record your hours. All forms are due by **December 30, 2013**.

# **Mark Your Calendars**

October 19 Fall Fest & Bake Off

October 28 Pumpkins Due

November 12 County Council @ 4:00 p.m.

November 16 – 17 State Council Conference (Raleigh)

December 9 County Council (Elections)

December 9 Project Books & Achievement Plans due

December 30 Presidential Service Log Sheets due

January 25 Achievement Night

March 28 – 30 West District Teen Retreat

Persons with disabilities and persons with limited English proficiency may request accommodations to participate by contacting Cynthia Robbins, Extension Agent, at 287-6190 or (e-mail) cynthia\_robbins@ncsu.edu or (fax) 288-4036, or in person at the County Extension Office at least (10) days prior to the event.

North Carolina Cooperative Extension Service

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