

Extension 4-H Newsletter



Rutherford County Center

Summer 2013

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4-H Youth Development

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2013 4-H Congress.
Pictured from left to right: Nathanael White, Savannah Bell, Brooklyn Breedlove, Cynthia Robbins (4-H agent), Joah Bickley, Allishia Meservey (summer intern), Kristen Miller, and Clay Randall.

4-H Congress

We had a fantastic time at NC 4-H Congress this summer. We stayed on NC State's campus, attended workshop, went on campus tours, toured downtown Raleigh museums, visited the Capital building, met with our legislators, competed in Presentations and more.

This year's delegation was:
Nathanael White, Clay Randall, Brooklyn Breedlove, Savannah Bell, Joah Bickley, Kristen Miller, Allishia Meservey (summer intern), and Cynthia Robbins (4-H agent).

Team Building Event

We have an exciting day of team building and leadership activities planned for 4-H teens and older juniors (ages 11 & up). On Saturday, September 7 we will be going to the Broyhill Adventure Course at Gardner Webb. This challenge course will be set up for our group to learn how to better communicate, learn our strengths, and how to better work together.

We will meet at the Extension office at 8:30 a.m. (or at 9:00 at GWU) and conclude by 12:00 noon. We will have a picnic lunch before we leave. Participants will need: 4-H medical forms on file, BAC waiver forms, closed – toe shoes and comfortable clothing, and a picnic lunch.

Please register by September 4. Cost for the event is \$7.00 per person.

Poultry Judging

The Cleveland County Fair Poultry Judging contest will be on Friday, September 27 at 4:00 p.m. Anyone wanting to participate should attend practice on Tuesday, September 17 at 4:00 p.m. (Please let Cynthia know if you plan on coming.)

NC State University
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**COOPERATIVE
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Empowering People • Providing Solutions

4-H CAMP

We had a fantastic time at NC 4-H Congress this summer. We stayed on NC State's campus, attended workshop, went on campus tours, toured downtown Raleigh museums, visited the Capital building, met with our legislators, competed in Presentations and more.



LIVESTOCK JUDGING & SKILLATHON

We are very proud of our Livestock Judging & Skillathon participants: Brooklyn Murray, Skyler Murray, and Amy Williams.

Amy was 18th overall (individual scores), Skyler was 4th in Junior Skillathon. Brooklyn was 7th overall in Skillathon. Way to go, girls!

4-H PRESENTATIONS



Hats off to everyone who participated in state competition. State Finals were Saturday, June 22 on NC State's campus. The following 4-H members did an excellent job at State:

Name	Topic/Title	Category	Age Category	Award
Emersen Faccone	Gluten Free Diet	Foods & Nutrition	9-10	Participation
Odina Corbin	Keeping Honeybees	Bugs & Bees	9-10	Silver
Emma Corbin	Box Turtles	Forestry	11-13	Participation
Clayton Cilone	Dry Ice in Science Experiments	Science & Technology	11-13	Gold
Dixie Lovelace	Sewing	Family & Consumer Science	11-13	Silver
JT Faccone	How an Aquarium Operates	Fisheries & Aquatic	11-13	Silver
Madison Breedlove	Homemade Peanut Butter	Peanuts	11-13	Gold
Autumn Corbin	Medicinal & Wild Plants	Horticulture	11-13	Bronze
Joah Bickley	Duct Tape Art	Arts & Communication	11-13	Bronze
Savannah Bell	Planning a Party	Hospitality & Etiquette	11-13	Silver
Brooklyn Breedlove	Quiche	Egg Cookery	14-18	Participation
Clay Randall	Kitchen Safety	Safety	14-18	Participation
Nathanael White	Egg Grading	Poultry	14-18	Gold

FALL FEST

This year's 4-H Fall Fest and Bake Off will be on Saturday, October 19 at the Cooperative Extension Center. The Poultry Club will be hosting this year's event. It will be in the afternoon/evening, concluding with a cook-out. All 4-H clubs are urged to attend.



4-H ELECTRIC CONGRESS

This year's Electric Congress was held in Charlotte, NC. Delegates were Clayt Cilone and JT Faccone. Chaperones were Kiowa Cilone and Cynthia Robbins. Delegates participated in electric workshops, demonstrations, a career fair, awards banquets, an afternoon at Carowinds, and lots more.

JT and Clayt earned this trip through their 2012 4-H Electric project record. Next year's event will be held in Western North Carolina.

STATE COUNCIL CONFERENCE

This year's State Council Conference will be on Saturday, November 16 - Sunday November 17 in Raleigh. Teens (ages 13 & up) will participate in leadership workshops, Ambassador workshops, a variety of workshop topics taught by your district officer teams, have district meetings, a dance, and more! Cost is \$115 (includes registration, lodging and some meals). Partial scholarships are available. Registration (and payment) is due by October 11.



TRACTOR SUPPLY FUNDRAISER

Tractor Supply invited us to be a part of their Pet Appreciation Day on August 17. We set up a Lemonade Stand. We also sold doughnut holes, coffee, hot cocoa, and bottled water. We made \$102 profit, thanks to the following for their help: Ginger and Keelen Ruppe, Beth, Autumn, Emma, and Odina Corbin, Sheila and Savannah Bell, Betty Wilkie, and Emma, Ragan and Madison Sisk.

COUNTY COUNCIL

County Council met on Monday, August 12. We also did our roadside clean-up project after our meeting.

Our next meeting will be on Monday, September 9th at 4:00 p.m.

OWLS GAME

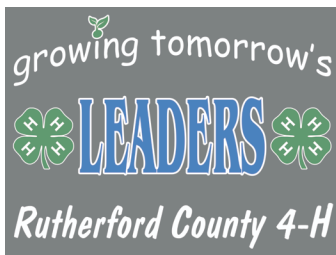


A big Thank You goes to all that helped sell half and half tickets and admission tickets to the Owls Games. On June 11 (Clay Randall, Emma Sisk, Ragan Sisk, Madison Sisk, Odina Corbin, Autumn Corbin, Emma Corbin, Nathanael White, Emma Wilkie, Allison White, & Mackenzie Malone) and July 18 (Ragan Sisk, Emma Sisk, Mackenzie Malone, Madison Sisk, Nathanael White, Autumn Corbin, Emma Corbin, Odina Corbin & Madison Breedlove).

We made a total of \$486 from admission tickets and half & half sales from both games, including a donation of \$158 from Juanita Martin (Clay Randall's grandmother). Thank you!

4-H T-SHIRTS

County Council finally decided on a new logo for 4-H shirts. We have them on sale now. Shirts are grey with a white, aqua, and green logo. Quantities are limited in the long-sleeve t-shirts. Come by and pick you out one now!



Long Sleeve T-Shirts

Youth: \$13.00

Adult: \$14.00

T-Shirts (Short-sleeve)

Youth: \$8.00

Adult: \$9.00

2X & up: \$11.00 - \$12.00



The Pinnacle 4-H Club met on Thursday May 23, 2013. Twenty-one members were present. President Jalyn Jackson called the meeting to order. Aaron Mull read the minutes of the April 26th meeting. Devin Lynch did roll call. Drake Langley did a presentation on the telephone - "Don't Call Me, I'll Call You" and Aaron Mull did a presentation on "How to Build a Campfire". Volunteer Mrs. Amanda (Jackson) brought goat kids and provided a mini-lesson on goat husbandry. Students then mulched under the grapevines with the help of Mr. Bill Elliot and his tractor. J.W. Bradley led the fencing crew that started putting chicken wire around the garden. He was assisted by Lane Rhodes, Drake Langley, Franklin Robinson, and Mrs. Stacia Conner. Amy Robinson, Aiden Conner, Jake Jackson, Jasmine Horton, and Bryan Dixon harvested strawberries and weeded the garden. Ms. Yanna (Fishman) talked to the students about broccoli growth patterns and let them sample wood sorrel (sour grass) and broccoli fresh from the garden. Franklin Robinson cleaned the chicken house. Devin Lynch and Jalyn Jackson fertilized the blueberries. Jared Lynch and Nate Mills pruned the grape vines. Abby Conner, Franklin Robinson, Pearl Koenig, Aaron Mull, Rashod Lynch, Kenneth Robinson, Devin Lynch, Ashley Robinson, and Nate Mills helped spread mulch for the garden and grapevines. Volunteers: Bill Elliot, Stacia Conner, Amanda Jackson, Yanna Fishman, Van Dotson, and Stephanie Koenig.

The Betsy Ross 4-H Club met on Monday, August 16 at 4:00 at the Extension Office. Members participated in several 4H summer activities: Kids and Chefs Camp, State Congress, Electric Congress and 4H Summer Camp. We prepared and served 407 meals in the soup kitchen for our August community service project. The club made plans for upcoming projects such as clean-up work at the Hospice Center and decorating the Union Mills Park for Christmas. Several club members will be attending the teen event on September 7 at the Broyhill Adventure Course at Gardner Webb University. The club plans to have a duct tape craft station at the Hilltop Fall Fest in October to promote 4H and raise funds. "Eating the Rainbow" was the club's activity for this month. We cut up a variety of vegetables and fruits and discussed their health benefits.

Reporter: JT Faccone



The Livestock 4-H Club met Tuesday July 23rd at the Extension office. We discussed vaccination shots and how to know which animals you have given shots to so as not to overdose. We also had an in-depth view of EPD's, how they are used and why they are important to livestock breeders. We discussed porcine stress syndrome in pigs and what all to look for in their EPD's when selecting for breeding.

Our next meeting is scheduled for August 27th at the extension office.



The 4-H Poultry Club met Saturday, August 10th at the Extension office at 8:00 to head out to our field trip to the Ronald McDonald House in Greenville, SC. We started our morning off at Bojangles with breakfast and off we went with a van full of 4-Her's. Nathanael told stories on the way down entertaining all the 4-Her's. It made the trip going down go so fast. When we arrived, it took a little time to get our tour lined up even though Savannah had confirmed our reservation time on Friday they still did not have us on the books. So we hung out in the den area at the Ronald McDonald House and looked through their scrapbooks plus enjoyed the toy room until the tour guide was ready. We watched a video about the Ronald McDonald House and its purpose and the families they help. We gave them aluminum pop tabs that our club had collected all year, which helps raise money for supplies and the cost of running the Ronald McDonald House. The guide took us on a quick tour of the guest rooms while the families were away visiting their loved ones. We also toured the outside and admired the gardens that the youth had created as part of their Eagle Scout or senior projects. We thanked our hostess and headed for the van as quickly as possible to hear the rest of Nathanael's story telling. We stopped at Chick-Fil-A on the way home and enjoyed a nice lunch at the picnic tables. We arrived back at the Extension office around 1:00.

Our next 4-H Poultry meeting will be at the Mountain State Fair on Saturday, September 14th at the livestock area.

Come out to support all of our 4-Her's showing their turkeys and chickens in the fair. At the Colfax fair on Saturday, September 21st, 4-H plans on having a booth in the exhibit hall. If you are interested in helping with the booth, please contact Sheila Bell at sbell67@bellsouth.net. We need all the 4-Her's we can get!

Mark Your Calendars

September 7	Teen Teambuilding Day
September 9	County Council
September 6 – 15	NC Mountain State Fair
September 16	Colfax Fair Entries Due (at the old Ellenboro Gym)
September 17	Poultry Judging Practice
September 27	Poultry Judging at Cleveland Co. Fair
October 7	Leaders Meeting @ 5:00 p.m.
October 11	State Council Conference Registration due
October 14	County Council @ 4:00 p.m.
October 19	Fall Fest & Bake Off
November 16 – 17	State Council Conference (Raleigh)



Persons with disabilities and persons with limited English proficiency may request accommodations to participate by contacting Cynthia Robbins, Extension Agent, at 287-6190 or (e-mail) cynthia_robbins@ncsu.edu or (fax) 288-4036, or in person at the County Extension Office at least (10) days prior to the event.

NC STATE UNIVERSITY

North Carolina Cooperative Extension Service

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